

# Why dermatologists approve Snail Slime in skincare?

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# SnailVille

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Authored by: Katerina Giannopoulou

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*New ingredients are constantly being introduced to the skincare sector. Some are well-known and accepted, while others are strange and intriguing to say the least. Snail mucin is one of the most recent substances to take the cosmetics world by storm. When you think about snails, the last thing that comes to mind is probably skincare—until now. Yes, the slow-moving, slimy critters are making their way into fan-favorite serums and creams, and they've even gotten some buzz for their capacity to nourish and rejuvenate your skin.*

## What exactly is snail mucin?

Snail mucin is the snail's excrement. Snail slime is a common nickname for it, and it's sometimes called snail secretion filtrate on ingredient lists. It's made up of components like glycoproteins, hyaluronic acid, and glycolic acid, all of which have been shown to have long-term skin benefits.

While we may thank Korean beauty for bringing this moisturizing ingredient to the United States, the Chileans were the first to use snail mucin for skin care. Chilean snailbreeders discovered their hands were incredibly soft after touching the snails in the 1980s, which led to the creation of Chilean snail cream.

## What are the benefits of snail mucin?

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The mucin contains hyaluronic acid, which has hydrating characteristics that strengthen the skin barrier and aid in moisture retention. The glycolic acid stimulates collagen formation, which not only helps to reduce fine lines and wrinkles but also gives your skin a beautiful, young glow. It also contains anti-inflammatory zinc and irritation-soothing allantoin. Overall, using snail mucin on a regular basis will leave your skin softer, more hydrated, and shining.

## Are there any negatives to using snail mucin?

As previously indicated, there isn't a lot of research on snail mucin, but it's a fairly well tolerated component. Because allergies can occur with any product, it's always better to test a tiny patch of skin for sensitivities before applying it all over your face.

## What do you look for in a snail mucin Product?

Look for a mixture that includes antioxidants or retinol, as well as typical skincare essentials like vitamin C, glycolic acid, and other moisturizing components, while seeking for an effective snail mucus product. Snail mucin is most typically found in serums or creams. Snail mucin is often found in higher concentrations in serums, which can be employed for anti-aging purposes. Choose a cream if you want to take advantage of the mucin's moisturizing effects even more. A variety of snail mucin-infused products, ranging from serums to essences to creams, are shown ahead.



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## References:

1. Radiance by webMD <https://www.webmd.com/beauty/what-is-snail-mucin>
2. The Gurdian <https://guardian.ng/life/8-reasons-you-should-try-snail-slime-on-your-skin/>